DISABILITY PLAN

This summary plan description (benefits handbook), or SPD, outlines the major provisions of the Deseret Healthcare Disability Income Plan as of January 1, 2019.

The Disability Plan is administered by Group Reinsurance Plus* (GRP), a segment of Group Benefits, a division of The Hartford.

KEY POINTS OF THE PLAN

- Generally, the plan benefit equals two-thirds of your predisability income.
- This benefit is available to you as an eligible employee; it does not cover your spouse or dependent children.
- Make sure you understand the definition of “disability.”
- There is a 45-day waiting period before benefits can begin.
- Be sure to complete and submit your application within 30 days of your last day of work.

* Group Reinsurance Plus is a specialty division of Hartford Life and Accident Insurance Company, a subsidiary of The Hartford Financial Services Group, Inc.
ELIGIBILITY AND ENROLLMENT

If you’re a full-time employee and you enroll in DMBA’s basic benefits program within 30 days of becoming eligible, you are automatically enrolled in the Disability Plan. Your coverage is effective on your eligibility date.

If you don’t enroll within 30 days of becoming eligible, but would like to enroll later, you must meet DMBA’s health standards. After you apply, we’ll send you a letter telling you whether you’ve been approved. Your coverage becomes effective the first day of the month after we approve your application.

If you apply more than 30 days after you are eligible and you don’t meet DMBA’s health standards, you will not be eligible for Disability Plan coverage.

If you have a pre-existing medical condition that was treated or diagnosed or showed notable signs or symptoms within 90 days of you becoming eligible, you will not be eligible for Disability Plan coverage. Disabilities that are caused by pre-existing conditions are excluded for one year following enrollment in the Disability Plan during which time you must be a full-time employee.

The Disability Plan is only available to you as an eligible employee. It does not cover your spouse or dependent children.

BENEFIT AMOUNT

The Disability Plan benefit equals two-thirds of your predisability gross income, up to a maximum amount determined by the Internal Revenue Service. Exceptions are explained in Benefit Reductions and in Return-to-work Incentives in this summary plan description (SPD). Generally, your predisability income is your regular monthly salary.

ELIGIBILITY

To be eligible for Disability Plan benefits, you must be unable to perform at least 70 percent of your regular job duties because of illness or injury as documented by objective medical evidence.

Disability Plan benefits begin to accrue after the waiting period, which is 45 continuous calendar days after your last day of full-time employment because of a disability. During this waiting period, Disability Plan benefits are not payable.

APPLYING FOR BENEFITS

If you know or expect you cannot work for 45 continuous days or more because of a disability, follow these steps:

Step 1: Obtain the Disability Plan Application from your employer.

Step 2: Complete the employee statement.

Step 3: Give the physician’s section of the application to your doctor. Ask your doctor to be thorough in answering all questions in this section. Incomplete answers can cause delays in evaluating your application and receiving your benefit payments.

Ask the doctor to return this part of the application directly to GRP (on behalf of DMBA).

Step 4: Return your statement to GRP. Your employer will forward the employer statement to GRP, as well. GRP then evaluates your eligibility to receive Disability Plan benefits.

Send claims to:

GRP
Group Claims Department
P.O. Box 14294
Lexington KY 40512-4294

Email ....claimsubmission@groupclaims.com
FAX ............................................. 855-864-0530
To help us promptly respond to your request for benefits, please complete and submit your application within 30 days from your last day of work. If we need more information, we may contact you.

You will not be eligible for a benefit if we receive your application one year or more from your last day worked.

Provide the necessary medical documentation as required by GRP. It's your responsibility to make sure GRP receives all medical and/or psychiatric information necessary to document your claim. GRP will pay the documentation expense.

Benefits are paid each month based on GRP’s payment schedule. Typically, it is the third week of the month. However, retroactive payments are paid two to four days after the approval.

**Medical recommendations**

You must seek and follow reasonable medical treatment recommended by your licensed and qualified physician. Failure to follow the recommendations to get relief for the disabling condition will result in the benefit being denied or discontinued.

You’re no longer responsible for paying medical costs to document that you are—or continue to be—eligible for Disability Plan benefits. GRP will cover these costs. Some of these costs may be paid by your medical plan. In addition, GRP has the right to require independent medical exams during your disability to determine eligibility. In this case, GRP also pays for the exams.

**DEFINITION OF ‘DISABILITY’**

**First six months of benefit payments**

During the first six months of disability payments, your benefit eligibility is determined by your inability to work in your current occupation. To qualify for disability benefit payments, you must have a disabling injury or illness that prevents you from performing at least 70 percent of the duties of your regular occupation.

The benefit equals two-thirds (66.67 percent) of your regular monthly salary up to the maximum benefit allowed by the Disability Plan less any applicable offset. The benefit shall begin after the completion of the 45-day waiting period.

**Seven months or longer of benefit payments**

After the first six months of disability payments, your benefit eligibility is determined by your inability to work in any occupation. This means to qualify for disability benefit payments, your disability must prevent you from holding a comparable job (any job for which you have the ability to earn 70 percent of your predisability income).

The benefit equals two-thirds (66.67 percent) of your regular monthly salary up to the maximum benefit allowed by the Disability Plan less any applicable offset. If you are capable of earning wages from part-time employment and you do not work, the benefit will be adjusted according to what you are deemed capable of working. If you become partially disabled after you are deemed to be totally disabled, you must begin a rehabilitation program within three months of becoming partially disabled or disability benefits may be discontinued.

**MENTAL HEALTH BENEFIT**

To qualify for a benefit due to mental illness, you must have a diagnosed, manifest psychiatric disorder, as defined in the current *Diagnostic and Statistical Manual of Mental Disorders* (DSM IV). A healthcare professional licensed to treat mental illness must submit a psychiatric evaluation and a written treatment plan to GRP.

To determine continued eligibility, your mental health professional must submit written treatment documentation every three months to GRP, including a report of your progress and compliance with your treatment plan. Failure to follow the treatment plan will result in the termination of disability benefits immediately. You are responsible for treatment plan expenses and periodic reports.
Benefit payments may continue for up to 24 months from the end of your 45-day waiting period, unless you are committed to an institution licensed for the continuous care and treatment of people with mental illnesses. During a personalized treatment plan administered by an institution, GRP considers each case on an individual basis to determine continued eligibility. When GRP determines that medical justification for institutionalization no longer exists, this benefit shall immediately cease.

CHRONIC PAIN AND FATIGUE-RELATED ILLNESS

If you have chronic pain and/or a fatigue-related illness, you may be eligible for benefits for an aggregate total of 12 months while you are actively trying to find a diagnosis and your symptoms include all of the following criteria:

- Symptoms are primarily pain and/or fatigue,
- Significantly interfering with your ability to work based on reports by you, your employer, your physician, family members, and others,
- Medically documented, and
- A correlating cause of the symptoms and treatment plan has been identified.

If you are diagnosed with either chronic fatigue syndrome or fibromyalgia, you may be eligible for benefit payments for up to a maximum of 12 months, including any time you received benefit payments before your diagnosis.

If you have a disabling diagnosis in addition to chronic pain or a fatigue-related illness, you may be eligible for additional benefits beyond the 12-month limit. You must qualify based on plan guidelines.

CONCURRENT DISABLING CONDITIONS

You can only be eligible for one Disability Plan benefit at a time. If you have more than one disabling condition, your benefit payments and the time of the Disability Plan benefit run concurrently, not consecutively.

For example, if you receive benefit payments for chronic fatigue and several months later the chronic fatigue is determined to be the result of another limited medical diagnosis, such as emotional illness, then the maximum benefit you may receive is up to 24 months.

BASIC BENEFITS

While you’re receiving benefit payments, your basic benefits continue (medical, dental, Group Term Life, and disability). Your employer pays your entire monthly premium.

You are responsible for paying the premiums for supplemental benefits (Supplemental Group Term Life and 24-Hour Accidental Death & Dismemberment) during the 45-day waiting period, as well as for the first six months after disability benefits begin. After the six-month period, your supplemental benefits’ premiums will be waived. Your benefits continue at the same level as when you were working.

You continue to pay for any value-added benefits, such as group auto and homeowners’ insurance and VSP (vision care).

DESERET 401(K) PLAN

If you are receiving Disability Plan benefits but no salary, sick pay, or paid leave, you cannot contribute to the Deseret 401(k) Plan. But your Deseret 401(k) Plan account continues to be active.

For more information, see the Deseret 401(k) Plan SPD.

MASTER RETIREMENT PLAN BENEFIT

If eligible, you receive Master Retirement Plan benefit credit as long as you continue to receive Disability Plan benefits.

For more information, see the Master Retirement Plan SPD.
If you are a Retirement PLUS Plan participant, your employer will not contribute to your RPP account while you are on disability because contributions are based on your compensation each pay period and you will not be collecting a paycheck.

For more information, see the Retirement PLUS Plan SPD.

If you are receiving Disability Plan benefits but no salary, sick pay, or paid leave, you cannot contribute to the Flexible Spending program.

Your Flexible Spending participation stops at the end of the month during which you stop making contributions to your account. But you can continue to submit expenses that were incurred before that time up to the submission deadline.

For more information, see the Flexible Spending SPD.

Your benefit payments are reduced, or offset dollar for dollar, by the amount of compensation you receive—or could receive—from these sources, which result from the disabling condition causing this disability as of the earliest date disability benefits under the Disability Plan could begin:

- Social Security (retirement) and disability benefits for you, your spouse, and/or children
- Workers’ compensation benefits
- Money you recover from a third party or the insurer of a third party who caused your disabling injury or illness
- Lost-wage benefits provided by uninsured and underinsured or no-fault auto insurance programs
- Any other federal or state required disability or medical retirement benefit provided by your employer

If you are eligible for benefits from any of these sources, you must maintain eligibility in these programs and apply for the compensation they offer. If you do not, GRP estimates the offset and deducts it from your Disability Plan benefit payments.

The minimum monthly benefit payment you can receive from GRP is $100.

To qualify for Disability Plan benefits you must be unable to earn 70 percent or more of your predisability income, but you may be able to perform some work. If so, you must participate in a rehabilitation program. You are responsible to seek a rehabilitation program and present it to GRP for approval. GRP may assist you in seeking or developing a rehabilitation program.

During rehabilitation, the benefit is designed to prepare you to return to work in a position where your disability is not a hindrance. The rehabilitation program may include vocational testing and training; physical, occupational, or speech therapy; workplace modification; or job placement. Vocational training may include educational training and may take place in colleges, trade or technical schools, or rehabilitation centers.

You’re responsible for all costs associated with rehabilitation or vocational training programs. If you choose not to begin your rehabilitation program in a timely manner or participate in an approved rehabilitation program, you’ll forfeit your Disability Plan benefit. But remember, some costs may be covered by your health plan benefits.

You may receive benefit payments for a maximum of 24 months from the date you first had the ability to become involved in a rehabilitation or vocational program if you participate in an approved training program, and you continue to meet eligibility requirements. (Once you have the ability to earn at least 70 percent of your predisability income, you’ll no longer be eligible for disability benefits.)
RETURN-TO-WORK INCENTIVES

For the first 12 months of payments, you may retain all of your Disability Plan benefit as long as the amount you earn from part-time employment plus the Disability Plan does not exceed your predisability income. If this amount exceeds your predisability income, your benefit payment will be reduced, dollar for dollar.

After 12 months of part-time employment, your Disability Plan benefit will be recalculated to reflect all of your earnings from part-time employment. For example, if your predisability monthly earnings were $3,000 and in the second 12 months you are able to earn $2,000 a month, then your new lost earnings are $1,000 and your benefit payment would be two-thirds of the $1,000. The Disability Plan benefit combined with the part-time employment earnings cannot exceed your predisability income.

END OF COVERAGE

Coverage automatically ends on the earliest of the following dates:

- The day your employment ends, either voluntarily or involuntarily, such as retirement or termination
- The day you’re no longer disabled
- The day you enter active duty in the armed forces of any country
- The last day of the month for which the premium is paid
- The termination date of the plan
- The date of your death
- The date your employer ceases to participate

END OF BENEFIT PAYMENTS

Benefit payments end on the earliest of the following dates:

- The day you are no longer disabled or partially disabled (no longer eligible for the benefit)
- The day you request benefit payments to end
- The day your employment ends (voluntary or involuntary)

If you are receiving a limited benefit, payments may end sooner.

LATERN PERIODS OF DISABILITY

If you return to work with a participating employer after receiving Disability Plan benefits and then have another period of disability for the same cause within six months of your claim closure, the second period is considered a continuation of the preceding period of disability and benefits shall be paid according to your regular monthly salary in effect at the time disability benefits were approved. With proper documentation, your benefit payments resume without having to satisfy another 45-day waiting period.

If you return to work and you have another disability for a new condition or the same
condition occurring more than six months after
your claim closure, you must apply for disability
benefit payments and again meet the 45-day
waiting period.

If you terminate employment with a covered
employer, this provision does not apply. An
unsuccessful employment experience of less
than six months with another employer will not
qualify you to resume benefit payments under the
Disability Plan.

This provision will not qualify you to receive
benefit payments under a limited provision of
the Disability Plan, such as the mental illness provision, to receive benefits for a period of time
in excess of the maximum benefit limit.

MASTER RETIREMENT PLAN
BENEFIT
If applicable to you, you receive Master Retire-
ment Plan benefit credit as long as you continue
to receive Disability Plan benefits, unless you have
reached the maximum benefit credit of 33 years.
(For more information, see the Master Retirement
Plan SPD.)

EXCLUSIONS
Benefits are not available for disabilities caused
wholly or partly, directly or indirectly, by:

- War or act of war, or service in the military
  forces of any country at war, declared or
  undeclared. War includes hostilities made by
  force or arms by one country against another,
  or between countries or factions within a
country, either with or without a formal
declaration of war.

  This exclusion does not apply while you are
  actively pursuing a specific assignment given
  and authorized by your employer.

- Injury or illness directly resulting from
  military service.

- Injury or illness resulting from participation in
  or attempt at committing an assault or felony.

- Injury or illness that is a direct result of
  an addiction to or abuse of drugs or other
  substances including, but not limited to,
  substances identified by federal or state
  authorities as controlled substances, or that
  occurred while intoxicated or under the
  influence of an aforementioned substance,
  except for secondary illness or illnesses
  resulting from alcoholism or drug abuse.

- A pre-existing condition, which is an illness
  or injury that is treated, diagnosed, or shows
  notable signs or symptoms within 90 days
  before you enroll in the plan. Disabilies
  caused by pre-existing conditions are excluded
  for one year after you enroll in the plan. But
  if you remain treatment-free for 90 days after
  enrolling, this exclusion is waived.

- Attempted suicide or self-inflicted injuries
  while sane or insane.

APPEALS PROCESS
If your claim is denied under the Disability Plan,
you may appeal the denial. To initiate the appeals
process, GRP must receive your written appeal
within 12 months of the date GRP sent you the
notification of the adverse benefit decision.

To appeal a decision about your benefit, you must
submit a written statement detailing the appeal to:

Group Claim Appeal Unit
Deseret Mutual Benefit Administrators
P.O. Box 14087
Lexington, KY 40512-4087

GRP will respond to you within 45 days.

If you disagree with the decision of your first-level
appeal, you may resubmit your appeal to DMBA,
which will conduct a second-level appeal. Please
note, you must complete the first-level appeal
and receive GRP’s decision before filing a second-
level appeal. DMBA must receive your written
appeal within 60 days from when GRP sent you
notification of the benefit decision of your first-
level appeal.
To appeal GRP’s first-level appeal decision, you must submit a written statement detailing the appeal to:

DMBA
Appeals Coordinator
Disability Claims
P.O. Box 45530
Salt Lake City, UT 84145

### Disability Claims Review Procedures

<table>
<thead>
<tr>
<th>Notice of Initial Benefit Determination</th>
<th>DMBA will send out the determination on your claim within 45 days after receiving your initial claim. If needed, DMBA is allowed two 30-day extensions to send out the determination, after notifying the participant.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incorrectly Filed Claim Notice</td>
<td>If your initial claim lacks needed information, DMBA will send you an incorrectly filed claim notice within 45 days after receiving your initial claim, extended 30 days from date we receive the required information.</td>
</tr>
<tr>
<td>You must complete the claim within ...</td>
<td>45 days after receiving the notice to provide information</td>
</tr>
<tr>
<td>You must appeal the decision within ...</td>
<td>12 months after receiving the claim denial</td>
</tr>
<tr>
<td>DMBA must provide a notice of the decision on the first level of appeal within ...</td>
<td>45 days after your request for review 45-day extension with notice of special circumstances</td>
</tr>
<tr>
<td>Notification of Benefit Determination on second level of appeal</td>
<td>Five calendar days after the Claims Review Committee (CRC) makes the benefit determination at their scheduled meeting (at least quarterly) If special circumstances require a further extension of time, a benefit determination may be rendered no later than the third CRC meeting.</td>
</tr>
</tbody>
</table>

### NOTIFICATION OF BENEFIT CHANGES

DMBA is subject to the Employee Retirement Income Security Act (ERISA) and reserves the right to amend or terminate this plan at any time. If benefits change, we’ll notify you at least 30 days before the effective date of change.

### Legal Notice

We have made every effort to accurately describe the benefits and ensure that information given to you is consistent with other benefit-related communications. However, if there is any discrepancy or conflict between information in this document and other plan materials, the terms outlined in the Legal Plan Document will govern.

### NOTIFICATION OF DISCRETIONARY AUTHORITY

GRP, on behalf of DMBA, has full discretionary authority and the sole right to interpret the plan and to determine benefit eligibility. All GRP and DMBA decisions relating to plan terms or eligibility are binding and conclusive.